Parents as Teachers

United Cerebral Palsy of Greater Birmingham is now United Ability

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Parents as Teachers is a researched-based, national parent support and education program. It is designed to promote healthy child development and family effectiveness for families of children age birth to kindergarten entry. The program can also start prenatally. Parent Educators provide home visits, assessments, training and support for families in their daily interactions with their child. The mission is to provide information, support and encouragement that parents need in order to help their child develop optimally during the crucial early years of life. The early years of a child's life are critical for optimal development and provide the foundation of success in school and in life. This program values parents as a child's first and most influential teacher.

Families of children who are age birth to five who may or may not have a diagnosed disability or developmental delay could benefit from this program. The children could currently be receiving services in an early intervention or preschool program, or could be receiving no services at all. Outcomes that are expected include: increased parent knowledge of their child's emerging development and age-appropriate child development; improvement in the parent's capacity, parenting practices, and parent-child relationships; early detection of developmental delays and health issues; and improved family health and functioning.

In order to qualify for this program, families must reside in Jefferson, Blount or Cullman counties. We currently have the capacity to serve 80 families in these three counties.